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## **THE EDGE CLINIC - Course Programme 2016 - 2017**

### **Level 1 Assessment Only (December 2016)**

Starts 12th December 2016 - Finishes 16th December 2016

### **Level 1 Assessment Only (January 2017)**

Starts 23rd January 2017 - Finishes 27th January 2017

### **Level 2 Assessment Only (March 2017)**

Starts 13th March 2017 - Finishes 24th March 2017

### **3 Week GAP Programme (December 2016)**

Starts 27th November 2016 - Finishes 16th December 2016, leaving resort 17th December 2016 (Level 1 only)

### **3 Week GAP Programme**

Starts 8th January 2017 - Finishes 27th January 2017, leaving resort 28th January 2017 (Level 1 only)

### **8 Week GAP Programme**

Starts 30th January 2017 - Finishes 24th March 2017, leaving resort 25th March 2017 (Level 2 only)

### **11 Week GAP Programme**

Starts 8th January 2017 - Finishes 24th March 2017, leaving resort 25th March 2017 (Level 1 and 2)

### **Week 1 and Week 2**

#### **Personal Performance**

On your arrival in resort the whole team will meet up and go for lunch/dinner together! This will allow you the chance to relax and get to know everyone on the course.

Week 1 is all about getting out there and skiing. During these weeks you will become more familiar with your surroundings and staff, team building and working together, building the skills and understanding the 'fundamentals' of skiing and how to break down the 'movements' and 'skills' of ski techniques.

Don't forget that it is important that we will all work together, as friends and ultimately a family, helping each other. All THE EDGE CLINIC instructors and GAP trainers are passionate All-Mountain ski teachers who will give you the skills and knowledge to become fabulous and passionate ski instructors yourselves. During this acclimatising period of week 1, we also look into the 'Central Theme', which is the BASI progression for teaching beginners. This will put you in a fantastic position for your first level exam. Stepping into week 2 it will become

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slightly more intense than the first week and will introduce you more into the BASI system. Areas covered include: The central theme, fundamental elements and we'll also cover piste performance, steeps, bumps and off piste.

### **Week 3**

#### **BASI Level 1 Assessment**

This is a 5 day training and assessment course delivered by a BASI Trainer. BASI provide us with the highest quality examiners, who will join us in Zauchensee to train and assess you as level 1 Ski Instructors. It is a continual assessment over the 5 days, thus giving everyone a perfect opportunity to train and learn the necessary skills and knowledge throughout the week. THE EDGE CLINIC coaches will still be on hand to help with your questions and support.

### **IMPORTANT**

Any students that are unfortunately unsuccessful at BASI level 1 will be given further training on week 4 (instead of 'race') and then presented for re-assessment in order to be able to continue the remainder of the Programme towards and including the level 2 Assessment. (If this situation were to arise, it will not prevent your chances at full course completion).

### **Week 4**

#### **Personal Performance and Teaching Skills**

By now you will have a fantastic grasp of where your skiing level is, understanding ski techniques and breaking down the 'fundamentals'. This week allows us to develop the individual aspects that you need to become a rounded and versatile skier and put you in a fantastic position for the level 2 assessments. We will look at all the 'strands' - bumps, piste performance and variables/off piste.

Also starting this week will be the opportunity for 'mock' lessons, as we start to give you the opportunity for structured teaching practice.

### **Week 5 - 9**

#### **Performance Training and Shadowing**

The following 5 weeks are spent concentrating on your all-round skiing performance and shadowing BASI and Austrian qualified instructors in the Balla Snowsport School. You will receive a minimum of 8 hours training per week and you can expect to accumulate 20 shadowing hours a week as an essential part of BASI 2 and your future as a professional ski instructor. With various different EDGE CLINIC courses running, you get the opportunity to shadow the lessons, video sessions and day to day running of a busy group lesson environment.

Combine this with the opportunity to teach our generous EDGE CLINIC clients, who volunteer for 'free mock lessons' giving you real time experience and structured practice opportunities.

Mix those with continued personal performance tuned to your individual needs in preparation for your final exam, and you will then feel completely ready and prepared for BASI level 2.

### **Week 10 & 11**

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### BASI L2 Alpine Ski Instructor Course

The final two weeks are your Level 2 Ski Instructor course in the fabulous ski resort of Zauchensee. This is a ten day (5 days per week) continual training and assessment course led by a BASI Trainer. This is your chance to demonstrate all the new skills you have learnt and that you have the necessary ability to be a BASI L2 Alpine Ski Instructor! This culminates in the BASI Level 2 qualification, which if/when successful will allow you to teach skiing around the world, with potential job opportunities in Japan, Italy, Austria and Switzerland.

### **IMPORTANT**

Students that are unfortunately unsuccessful at BASI level 2 will have to take further training following their action plan and then take a re-assessment at their own cost at a later date. Continued support and advice will be given towards the best way to move forward.